

# ***HCJH 8th Grade Trip “Tips and Information” Packet***

We have a very important mission on this trip... it goes beyond viewing our history and having a good time. Our mission is to represent our school and more importantly to represent Jesus Christ. People tend to panic when they see a huge group of junior high students approaching, but we will show them something that they might not expect... a large group of students, parents and staff who can be respectful and kind to those they come in contact with. It is our desire that all who see us have lasting good impressions of our school and our Lord.

In order to achieve the impression mentioned above, we have established the following standards and expectations for our 8th grade trip.

## **Student ID Badges must be worn AT ALL TIMES!**

### **Airport and Airplane:**

1. Please arrive 2 1/2 hours before the designated flight time. This is important to getting our large group checked in and on the plane on time.
2. Upon arrival to LAX, please locate the HCJH group and your chaperone. Once with your chaperone, stay with him/her all the way into the airplane. If one person in your group needs to use the restroom, all of you go together (and stay together).
3. The only time gum is allowed on the trip is in the airports and on the airplane (to keep ear ways as clear as possible). Candy and gum should not be brought on the trip except for the plane ride.
4. When we change planes during the flights it is very important that each group stays together at all times. **AT NO TIME DURING THE 12 DAYS SHOULD ANY STUDENT BE ALONE.**
5. Once we get into the airplane, the following standards must be followed:
  - A) You must sit in the assigned ticketed seat. No switching seats.
  - B) You stay in your seat unless you are granted permission by the designated leaders in your plane. The only reason you will get up is to use the restroom (not to visit with friends).
  - C) Students will not call the flight attendants with the call button.
  - D) Quiet conversation is all that is allowed. Do not call out to other students in other sections of the plane. Remember, we are flying with “regular people”.
6. If a student is going to “meet up with” an extended family member or friend on the east coast, we must be informed in writing before we leave California.
7. iPods may be used in the airplanes ONLY and back in the hotel rooms in the evenings (AFTER you are caught up with your trip workbooks). They are NOT to be used at any other times during the trip.  
\*Make sure that what you are listening to is appropriate to what our school stands for!

### **Meals:**

1. A proper selection of food is essential on a trip of this magnitude. Something nutritious should be eaten for breakfast (even if you don’t normally eat breakfast). We will be constantly moving and everyone needs the energy and stamina.
2. We want to make sure that we don’t waste food. “If you take it, you should eat it!”
3. Students will not be allowed to misbehave in the restaurants we visit. Food fighting, mixing up seasonings, food or drinks is forbidden. You should also not rearrange tables and chairs.

### **Touring:**

1. With such a large group on the move, it is important that everyone pays attention and stays up with the leader.
2. There will be some cities in which we will need to walk single file (or in two lines). This happens on narrow sidewalks where we don’t want to inconvenience others who are walking past us.
3. We expect our students to be respectful at all times to our guides or other adults in authority (including all chaperones). Talking back (whether verbally or with physical gestures) is not allowed. We will not hesitate to call home if this action takes place.

### **Clothing:**

1. Please make sure that your clothing meets the dress standards that are printed. **If an item of clothing is “questionable”, please call the school office for clarification (or bring it in).**
2. It is imperative that you bring a jacket for the colder areas of our trip! Temperatures may range from sunny and 70 degrees to snowing and 20 degrees! “Baggy” and/or “shabby” clothing should not be brought. With limited amounts of clothing being brought, we don’t want to make you leave an item in the suitcase (but we will if necessary).
3. **The airlines have a suitcase weight limit of 50 pounds!** This means that you don’t want to pack un-needed items. **If your suitcase is overweight you will have to pay a fine!**

### **Hotels:**

1. It is very important that you take good care of your bodies. Cleanliness must be upheld in each room when it comes to bathing and deodorizing.
2. You will be under the counsel of our chaperones when it comes to things like clothing, meals, spending money, and following the standards of the trip.
3. You are required to stay with your chaperones in the hotels. No students will go out on their own once we have arrived.
4. Calls home **MUST BE COLLECT** or with the use of a **PHONE CARD** or with a **CELL PHONE**.
5. You may **ONLY** use a cell phone for the evening calls, but they must remain off during the day. When you are in the hotel you may text message only until the “lights out” time. Please don’t abuse this new privilege or your parents will be contacted and your phone taken away. Make sure that your “messages” are positive in nature. Any negative messages could cause your parents to be called and your phone taken away. **TEXT MESSAGING CAN NEVER HAPPEN AT ANY OTHER TIME DURING THE TRIP.**
6. You are to remain in your assigned rooms unless walking in a group with your chaperone.
7. There is to be no running, wrestling, pillow fighting or other “horseplay” in the hotel. We want to establish a good reputation with the hotels. If you damage anything in the hotel, your parents will be billed to pay for it.
8. A specific “lights out” time will be announced by the bus leader each night. It is very important that the lights out time be observed! When you (or your chaperone) doesn’t get enough sleep it leads to sickness later in the trip. It is also important to be quiet in the rooms because of the “regular people” who are in the hotel with us.

### **Etiquette:**

1. We desire for our boys to show proper etiquette in every opportunity that comes. This can be shown by kind acts such as opening doors and helping with luggage.
2. Girls should act as ladies in every situation.
3. Students who willfully disobey the standards and rules of the trip will be dealt with and, if need be, sent home early (at the parents’ expense).

# **8TH GRADE TRIP DRESS CODE**

## **GENERAL DRESS AND PACKING STATEMENTS:**

1. It is our desire that our students dress comfortably but look neat and clean on the trip. Clothing should fit properly. This means not too tight and not too baggy.
2. "Layering" is the key to the trip. Long underwear or "thermals" are optional for cold weather. We will be outside in freezing weather and then walk inside to 75 degrees.
3. Shoes should be comfortable walking shoes. It is not recommended to bring brand new shoes because they can cause blisters and discomfort. Purchase the shoes a month or so before the trip and spend a lot of time in them to break them in.
4. Several pullover sweaters, sweatshirts, and a few pairs of pants are recommended for everyone (boys, girls, and chaperones) Pack enough for several interchangeable outfits for the duration of the trip.
5. Several pairs of socks are needed. Gloves, scarves, and hats are also recommended for the cool weather.

## **General Clothing statement:**

***IF IT'S NOT ALLOWED IN SCHOOL, IT'S NOT ALLOWED IN DC!***  
**SCHOOL DRESS CODE WILL BE ENFORCED!**

We do not have time to wash clothes on the trip, so pack light and pack ENOUGH!

## **ITEMS THAT ARE NOT ALLOWED ON TRIP:**

DVD players, any type of electronic games, laser lights, *these items will be confiscated.*

No large earrings, heavy necklaces, wallet chains or steel belt buckles. Please do not bring irreplaceable or expensive jewelry!

Chewing gum (only allowed on the plane, never on the bus!)

Soft duffle bags for luggage (hard to handle and pack in bus)

Steel-toed shoes, or shoes that contain metal. (some shoes have metal in the heels)

## **ITEMS NEEDED FOR TRIP:**

1. Two pairs of walking shoes. It is recommended that they be water proof for inclement weather
2. One cold-weather heavy coat or jacket—this is a **MUST!**
3. Rain poncho/travel umbrella for bad weather
4. Warm head covering, such as stocking hat and gloves/scarves
5. One pair of thermal underwear (recommended for the really cold days)
6. Pajamas or clothing specifically for sleeping
7. Large plastic zip lock bags for dirty laundry

**Cameras:**      **Digital:** Chargers, memory card, and/or batteries are needed for this type of camera.

**Standard:** This is usually a 35mm and requires extra film and batteries

**Disposable:** Several cameras (exposures 24) are needed to cover the whole trip

**Film:** Eight to ten rolls of 24 exposures is recommended. This is more than enough for the required pictures. It is recommended that each student practice loading and unloading film before the trip. It is also recommended that each student bring an extra battery.

## **CHECKLIST FOR PERSONAL ITEMS:**

Personal Items (travel-sized items are highly recommended):

- |  |                        |                    |
|--|------------------------|--------------------|
| -Toothbrush                                  | -Toothpaste            | -Shampoo           |
| -Deodorant                                   | -Small pkgs of Kleenex | -Addresses         |
| -Pens & Pencils                              | -Brush/comb            | -Small Bible       |
| -Wrist watch                                 | -Stamps                | -Workbook          |
| -Personal items (girls)                      | -Underwear for 12 days | -Socks for 12 days |
| -Mix and match outfits (to last the 12 days) |                        |                    |

***No hair dryers are needed—all hotels have in-room hair dryers!***

**Spending money:** Approximately \$100.00 is recommended (***but not required***). Any student can literally go the entire trip without spending a dime out of their pocket (but they usually want a few souvenirs)



# American and Continental Baggage Allowances on Flights

Advisory: New security measures have been implemented which necessitate an earlier arrival. 2 1/2 hours early is recommended.

## **LUGGAGE ALLOWANCES:**

**ONLY ONE SUITCASE AND ONE CARRY-ON** should be brought per person. Our buses can only carry so much and you must remember that what you bring is what you carry! Your carry-on luggage must fit *under* the airplane seat.

1. **LUGGAGE MUST HAVE AN ID TAG! Two “school” ID tags will be provided**
2. **Carry-On luggage is BACKPACK OR DAYPACK ONLY!** (HCJH rule)
  - A) No additional small suitcases of any kind!
  - B) Items in your carry-on should only be things necessary for the flight (such as trip workbooks, light jacket, reading book, writing pen, personal items and camera.)

## **CARRY-ON LUGGAGE INFORMATION:**

*Items not allowed in carry-on's:* hairsprays, perfumes, liquids (including hand lotion, shampoos, gels, toothpaste, deodorants, sprays ect...) scissors, small electronics of any kind, sharp objects or metal objects. These items must be packed in your CHECKED luggage! (Airline rule!)

These additional items are okay to carry on and don't count towards your allowance:

- Food items for immediate consumption
- Liquid (water bottles) only purchased after going through security
- An overcoat
- An umbrella
- One item of reading material

Cell phones are permissible but **MUST** be turned off prior to the flight!  
(This is an FAA regulation)

## **Checked Baggage**

We will be checking in **1 bag** per passenger

Each bag must:

- Weigh no more than 50 lbs.
- Not exceed 62 inches when you total length plus width plus depth
- Do not lock luggage!
- The excess weight fee is **\$50.00!** You will be responsible for this charge at the airport if your luggage is overweight!

## IMPORTANT MEETING/DUE DATES:

**FINAL DC TRIP INFORMATION MEETING WILL BE HELD ON**

**Tuesday, March 2nd 6:30 pm**  
**IN THE SCHOOL MULTI-PURPOSE ROOM**  
*Parents only please!*

**\*\*Your student will hear the same information in their history class**

### *TRIP DATES:*

*Tuesday, March 9th—Saturday, March 20th, 2010*

***We hope this information is helpful and informative to the parents and students of HCJH.  
This trip will be one of lasting memories!***

If you have any questions, please feel free to call the school office for more information or you may reach Mr. Esslinger or Mrs. Snyder by email at:

R.Esslinger@HCJH.US  
J.Snyder@HJCH.US

I HAVE READ THE:

8<sup>TH</sup> GRADE TRIP "TIPS AND INFORMATION" PACKET AND I WILL SUPPORT HEIGHTS CHRISTIAN JUNIOR HIGH IN THE STANDARDS AND EXPECTATIONS LISTED.

I HAVE ALSO READ THE TRIP DRESS CODE AND WILL COMPLY WITH THE REQUIREMENTS.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Student Name: \_\_\_\_\_

Please return this sheet to Mrs. Gainer for a History Grade by Wednesday, February 24, 2010.

Thanks.

-Mr. Esslinger, Principal  
Heights Christian Junior High School